

STRATHCONA COUNTY REGIONAL TRAIL PROJECT

Linking to City of Edmonton and Fort Saskatchewan

- GRANULAR TRAIL
- PAVED TRAIL
- TRAIL - OTHER
- FUTURE FOOT
- BRIDGE CROSSING
- PARKING



Construction of the pedestrian footbridge will start summer 2023. The Riverside Nature Trail footbridge parking lot entrance and exit will be closed during construction. Trail access is available from the north entrance, and south from TWP RD 540. Please check strathcona.ca/trails for progress updates.

22 km regional trail connects to the Strathcona Provincial Science Park and to Fort Saskatchewan.

strathcona.ca/regionaltrail



Cycling is fun!

This guide provides information on featured routes along the 287 km of trails in Sherwood Park. Explore new routes and make your bike ride a little more interesting by visiting points of interest along the way.



Interactive online trail and park map

Find information on trails and parks in Strathcona County using the interactive online trail and cycle map. strathcona.ca/trails

CYCLE MAP

OF SHERWOOD PARK

5th Edition - Printed May 2023



AN EXPERIENCE ALONG THE TRAIL



Bike repair stations at select locations

Bike repair stations funded by **interpipeline**

Contact us

780-467-2211

recreation@strathcona.ca

strathcona.ca/cyclemap



5th Edition - May 2023 - SR013080



CYCLING SAFETY

Wear the gear

Always wear a helmet that is properly fitted for cycling, in-line skating, skateboarding, BMX biking and scootering.

In Alberta, **helmets are mandatory** for cyclists under 18 years, but it is recommended that everyone wear a helmet no matter what age they are.

Elbow, wrist protectors and knee pads are recommended for in-line skating and skateboarding.

Wear bright, visible clothing, lights and reflectors.

Never wear earphones.

Share the road

With mutual respect and consideration for each other, drivers and cyclists can safely share the road.

Cyclists on the road must follow all the same road rules as a motor vehicle.

If a difficult or unsafe encounter with a motorist occurs, call the 24-hour policing dispatch line at 780-467-7741

Communicate

Always use hand signals to show what you intend to do:



TURN LEFT

Extend left arm straight out



TURN RIGHT

Extend left arm out at 90° or extend right arm straight out



STOP

Extend left arm out and bend arm down at the elbow

Ride right

STOP and look left, right and left again before entering traffic (roadways, driveways, sidewalks, alleys or parking lots).

Enter trail entrances and roadways with caution.

Obey all traffic signs and signals.

Walk your bike across the street in a crosswalk.

Cycle defensively, be aware of what's happening around you.

Always ride single file.

Make sure your bike is the right size and in good condition.

Yield to pedestrians, and use a bell or your voice when passing.

Never ride "double" or hang on to moving vehicles.

Stay to the right - except when passing.

Share the trails - Respect the rights of others.

BIKE AND SKATE PARKS



Hours: 6 a.m. to 11 p.m.
Note: Parks are unsupervised

Ardrossan Skate Park

Located across from the Ardrossan Recreation Complex. The park features vibrant artwork by local artists Peter Gegolick and Shelby Willis. Trans Mountain is proud to support the creation of the Ardrossan Skate Park, creating a gathering space for youth and families to be active outdoors.

Heritage Hills Children's' Pump Track

235 Heritage Drive, Sherwood Park

A series of smooth hills and valleys on an oval track provides riders with an endless course of adventure for the beginner rider.

Millennium Skate Park

2000 Premier Way, Sherwood Park

(Millennium Place southeast parking lot)

Located next to Millennium Place, this 1,300 square metre park features 20 different activities, concrete design, permanent ramps, jumps and rails.

Strathcona Athletic Park Skate Spot

1100 N Cloverbar Rd, Sherwood Park

This skate spot is ideal for people of all ages to try skateboarding for the first time or develop their skateboard skills.

Strathcona County Bike Skills Park

300 Broadview Road, Sherwood Park

This park offers a variety of natural features including dirt ramps, rock boulders and logs. Together, these features create a variety of ladder bridges, a wall ride and various sized dirt jumps to appeal to all ages and skill levels.

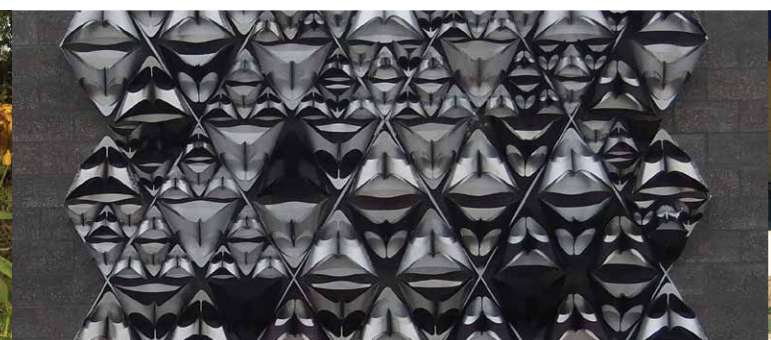
strathcona.ca/skateparks



1 BEE'S KNEES 3.9 KM



Single loop trail that will take you through Centennial Park, past the legacy forest and pollinator habitat. As you ride past Lakeland and Sherwood Drive, you are also on part of the Trans Canada Trail. Stop at the benches and lookout points along the wetlands to watch for waterfowl.



A detailed image of "Limenitis Wall" by artists Jason Johnson and Gary Gardner

2 EMERALD HILLS ESCAPE 5.4 KM



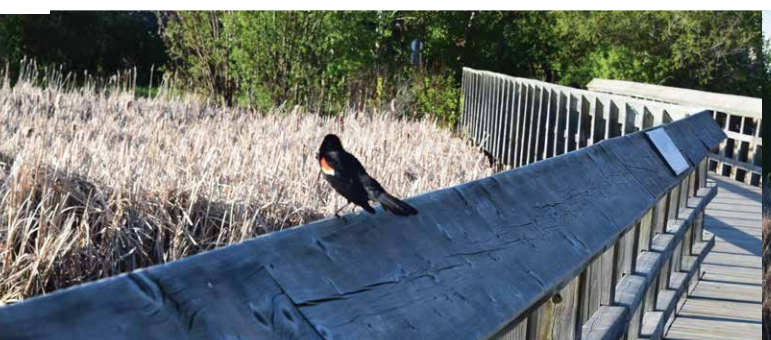
A looped trail that passes green space, water and more, including the Emerald Hills Leisure Centre and Regional Park. Stop and admire the public art on the front of the Emerald Hills Sport Pavilion.



3 EAST WEST IS BEST 5.0 KM ONE WAY



A fun trail that will take you to the BMX Bike Skills Park, featuring dirt ramps, rock boulders and logs. Enjoyable for all ages and skill levels. View public art at Fire Station 6 and RCMP station. Take a side trip to the Clover Bar Ranch Spray Park.



4 SWAN SENTRY 5.1 KM ONE WAY



This point-to-point trail takes you through the quiet neighbourhoods of Summerwood and Regency Park. This trail will also take you past the Something Fishy loop. You will pass playgrounds, fields and wetlands. The Heritage Hills Children's Pump Track is just off this route.



5 SOMETHING FISHY 2.4 KM



This unique looped trail features some gravel and boardwalk terrain. Interpretive signage, benches and lookout points along the route make for a fun family learning experience for all ages. Look closely along the trail to spot the fish ladder!



6 MUSKRAT MARVEL 2.0 KM



This short looped trail is serene and boasts a large green space for a picnic or quiet place to enjoy a book on your travels. Interpretive signage provides an educational experience.



7 GREENGROVE GROOVE 4.1 KM



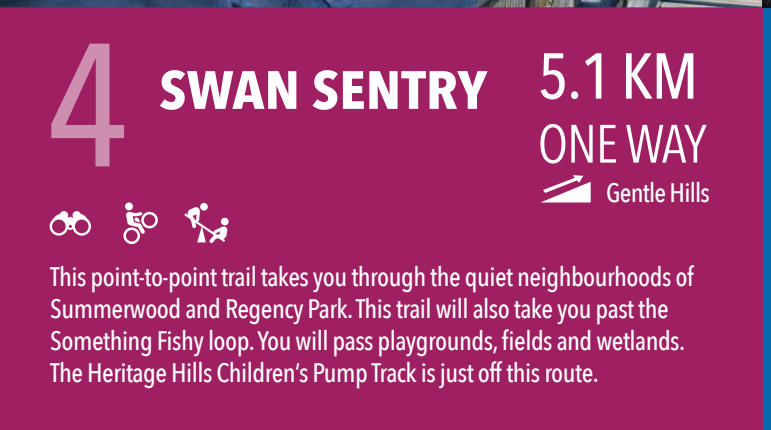
This looped route features parking and washrooms at the Glen Allan Recreation Complex. Along the route you will find four playgrounds, shale trails through forested areas and many picnic tables and benches. Stop and use the outdoor fitness equipment behind the Glen Allan Elementary School.



8 ISLAND ADVENTURE 5.3 KM



This trail incorporates Nottingham Blvd and loops back around to the Strathcona Athletic Park. The island, which was constructed in the 1980s, features a fun playground and outdoor fitness equipment, as well as a gravel trail circling the island.



9 HERITAGE MILE 2.5 KM ONE WAY



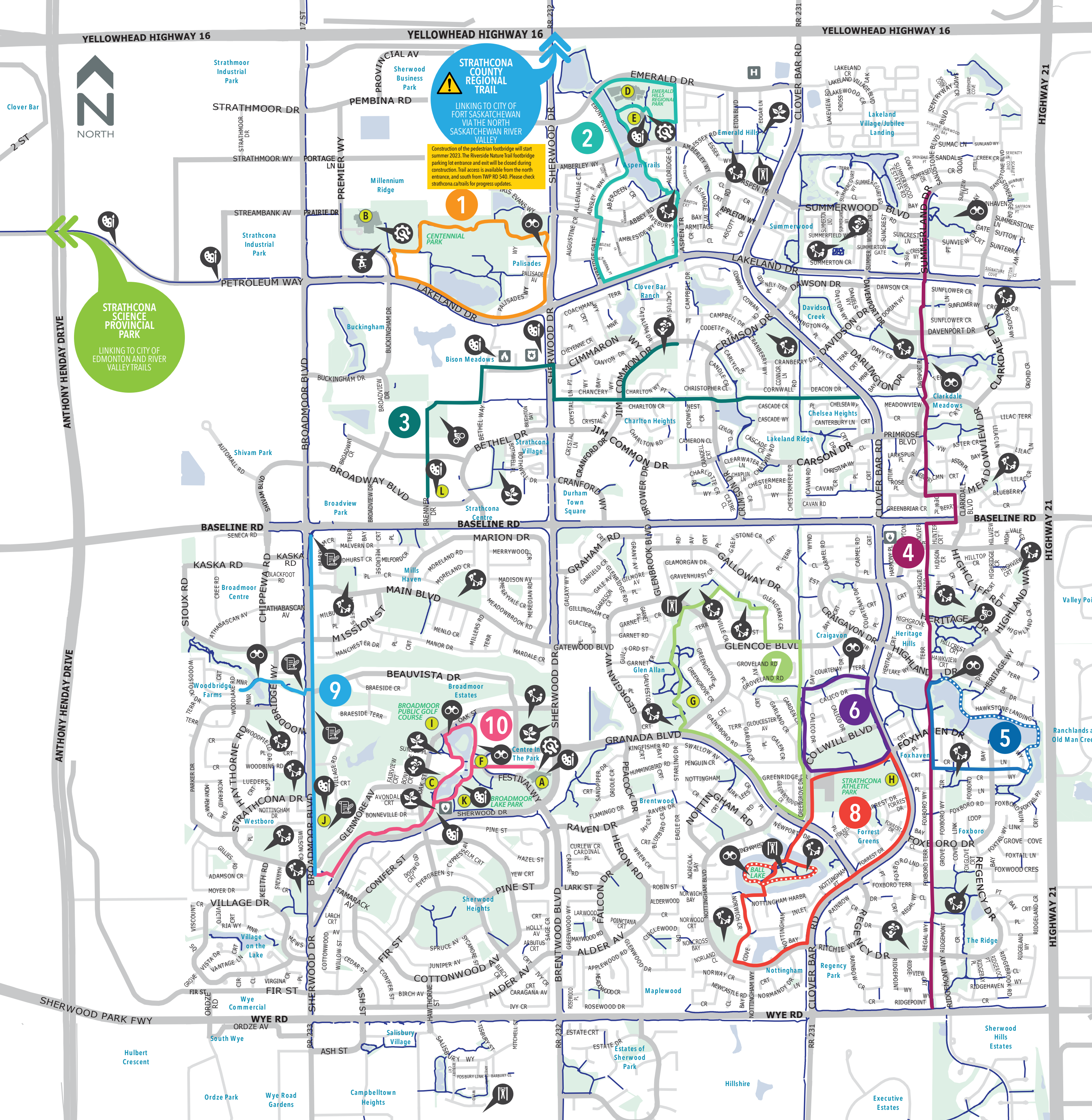
Cycle through Strathcona County's humble past including interpretive signage, sites and public art: Smeltzer House, Ottewell homestead, Lendrum Sisters, Volunteer Plaza and memorial trees. Jaunt across Broadmoor Blvd to see the covered bridge in Woodbridge Lake Park.



10 BROADMOOR LAKE PARK 3.0 KM ONE WAY



Start at Broadmoor Lake Park and make your way to Herb Belcourt Park. This scenic trail includes interpretive signage and several pieces of public art. Let the kids cool down in the RE/MAX Spray Park and Playground. Pedal down Prairie Walk to the Community Centre, Gallery@501, and Library.



- ### LEGEND
- Points of Interest**
- Bike Park/ Pump Track (Only Pump Track in Heritage Hills)
 - Skateboard Park
 - Spray Park
 - Playground (Near featured routes)
 - Edible Garden
 - Wildlife/ Interpretive
 - Public Art
 - History
 - Outdoor Fitness
 - Bike Repair Station
- Community Facilities**
- A Community Centre Gallery@501 Library
 - B Millennium Place
 - C Kinsmen Leisure Centre
 - D Emerald Hills Leisure Centre*
 - E Emerald Hills Sports Pavilion
 - F Festival Place
 - G Glen Allan Recreation Complex
 - H Strathcona Athletic Park
 - J Smeltzer House
 - I Broadmoor Public Golf Course
 - K Broadmoor Lake Park
 - L Bethel Transit Terminal
- Parking is available at all the facilities listed above*
Washrooms available at facilities noted above
Bike repair stations available at facilities noted above

— Additional Asphalt Trails
- - - Additional Gravel Trails
— Road with sidewalk

1 KM = APPROX. 5 MIN.

1	BEE'S KNEES	3.9 KM
2	EMERALD HILLS ESCAPE	5.4 KM
3	EAST WEST IS BEST	5.0 KM ONE WAY
4	SWAN SENTRY	5.1 KM ONE WAY Gentle Hills
5	SOMETHING FISHY	2.4 KM Gravel Trail
6	MUSKRAT MARVEL	2.0 KM
7	GREENGROVE GROOVE	4.1 KM
8	ISLAND ADVENTURE	5.3 KM Gravel Trail
9	HERITAGE MILE	2.5 KM ONE WAY
10	BROADMOOR LAKE PARK	3.0 KM ONE WAY

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