

# Active SCHOOLS

Your  
centralized  
source for  
student-based  
activities

2023-2024

## Teachers' Guide

Joint Use and Educational Opportunities



STRATHCONA  
COUNTY



## School's e-News

Receive monthly notices with programs, events and activities for you and your students. Sign up online at [strathcona.ca/ActiveSchools](http://strathcona.ca/ActiveSchools)

Sign up today!



## Booking Information

### All field, diamond, ice and picnic shelter bookings

Facility.Bookings@strathcona.ca  
780-467-2211

### Ardrossan Recreation Complex

Rural.Facilities@strathcona.ca  
780-400-2084

### Emerald Hills Regional Park (artificial turf and sport pavilion)

Facility.Bookings@strathcona.ca  
780-467-2211

### Glen Allan Recreation Complex

GARCbooking@strathcona.ca  
780-467-4404

### Kinsmen Leisure Centre and Emerald Hills Leisure Centre

AquaticBookings@strathcona.ca  
780-400-3856

### Millennium Place

MPbooking@strathcona.ca  
780-416-7252

### Strathcona Wilderness Centre

SWCinfo@strathcona.ca  
780-922-3939

### Tennis, Handball, Pickleball

Facility.Bookings@strathcona.ca  
780-467-2211

## Booking Deadlines

Please note the following booking deadlines for the outdoor natural and artificial turf fields:

### Spring April 1 - June 30

Booking deadline January 22 of current year

### Fall Sept 1 - November 15

Booking deadline April 19 of current year

## Online Field and Diamond Status

Find the up-to-date listing of all field and diamond closures on the online interactive map. All opening/closing updates will be made on this map.

### [strathcona.ca/FieldStatus](http://strathcona.ca/FieldStatus)

- Updates will be posted by 2:30 p.m. on weekdays.
- Updates will be posted by 9 a.m. on weekends.

Maintenance occurs on fields and diamonds, Monday to Friday, from 6 a.m. to 2:30 p.m. and may vary due to weather conditions.

**Note:** the field status e-newsletter and phone line will no longer be sent out or updated.



## Strathcona County Joint Use Agreement

Elk Island Catholic and Public Schools, New Horizons and École Claudette-Et-Denis-Tardif have an agreement with Strathcona County Recreation, Parks and Culture that allows teachers to book and use various recreation facilities and activities with their classes. It's TRUE and it's FREE!

This agreement allows for increased recreation opportunities for students and the community.

Students can benefit from a variety of physical activity and educational-based activities and experiences to enhance their learning.

We can also arrange paid programs like swimming lessons, cross-country ski lessons or visits to Millennium Place.



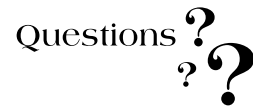
**Jennifer Wilson**

Jennifer.Wilson@strathcona.ca  
strathcona.ca/ActiveSchools

## Joint Use

Use this helpful chart to find the locations for joint use activities.

Some spaces have usage guidelines for age, capacity and timeframe. For more information please visit [strathcona.ca/ActiveSchools](http://strathcona.ca/ActiveSchools)



**Jennifer Wilson**

Jennifer.Wilson@strathcona.ca

Ardrossan Athletic Park	Ardrossan Recreation Complex	Broadmoor Lake Park	Emerald Hills Lake Park	Emerald Hills Leisure Centre	Glen Allan Recreation Park	Kinsmen Recreation Complex	Millennium Place	Moyer Recreation Centre	Sherwood Park Arena and Sports Centre	Strathcona Athletic Park	Strathcona Olympiette Centre	Strathcona Wilderness Centre
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	Ardrossan Athletic Park	Ardrossan Recreation Complex	Broadmoor Lake Park	Emerald Hills Lake Park	Emerald Hills Leisure Centre	Glen Allan Recreation Park	Kinsmen Recreation Complex	Millennium Place	Moyer Recreation Centre	Sherwood Park Arena and Sports Centre	Strathcona Athletic Park	Strathcona Olympiette Centre	Strathcona Wilderness Centre
<b>INDOOR</b>	Dry surface				●						●	●	●
	Ice surfaces				●				●		●	●	●
	Indoor fields										●		
	Indoor track				●								
	Program rooms or hall space				●				●			●	●
	Squash, handball and racquetball								●				
	Swimming (lap swimming only at Millennium Place)							●		●	●		
	Wellness centre					●			●				
<b>OUTDOOR</b>	Artificial turf							●					
	Baseball diamonds			●		●		●					●
	Hiking												●
	Outdoor natural fields			●		●		●					●
	Picnic area												●
	Track and field			●		●							●
	Tennis ◆ Pickleball courts												
	Picnic shelters												
Outdoor Skating ◆ Heated change facilities available													

Ardrossan Athletic Park◆, Brentwood School, Clover Bar School, St. Nicholas School, Kinsmen/Westboro Park, Village on the Lake◆, Sherwood Heights◆, McGhan Park, Hastings Lake

Centennial Park, Broadmoor Lake Park

Ardrossan Regional Park◆, Brentwood School◆, Broadmoor Lake Park◆, Emerald Hills Regional Park, Heritage Hills, Kinsmen/Westboro Park◆, McGhan Park, Mills Haven Schools, Sherwood Heights◆, Strathcona Athletic Park

# What is available when?

Are you planning joint use activities and wondering when certain facilities are available?

Use this guide to help you:

- These facilities are available to you and your students for all curriculum-based activities at no charge unless otherwise noted.
- Some spaces have usage guidelines for age, capacity and timeframe. See contact information for specific facilities on previous page.
- Specific facility guidelines will be attached with each booking agreement.
- Joint Use Agreement supersedes below, for more information contact [Jennifer.Wilson@strathcona.ca](mailto:Jennifer.Wilson@strathcona.ca).

💰 Additional fees



Facility	Amenities and Spaces	Times Available Mon - Fri (school days only)	Program Ideas To Do
<b>Ardrossan Athletic Park</b>	Soccer fields, baseball diamonds, running track, jump pits	8:30 a.m. to 6 p.m.	
<b>Ardrossan Recreation Complex</b>	Ice/dry surface	8:30 a.m. to 4 p.m. Ice surface: September to April Dry surface: April to June	💰 Group fitness classes (example yoga, bootcamp, etc)
	Banquet hall, programs and preschool rooms	8:30 a.m. to 4 p.m.	
	Wellness centre and indoor track	8:30 a.m. to 4 p.m.	💰 Team training
	Curling	Contact the Ardrossan Curling Club at 780-922-5055 for times.	
<b>Broadmoor Lake Park</b>	Baseball diamond, running track, soccer/football fields, sand volleyball courts	8:30 a.m. to 6 p.m.	
	Picnic Shelter, Fire pit, picnic tables (5)	1st Monday in May until September 30	
<b>Centennial Park Picnic Shelter</b>	Fire pit, picnic tables (2)	1st Monday in May until September 30	
<b>Emerald Hills Leisure Centre</b>	25m 6-lane lap pool, 25m 4-lane adjustable depth pool, teach pool, whirlpool, steamroom	Contact <a href="mailto:AquaticBookings@strathcona.ca">AquaticBookings@strathcona.ca</a> for available times	💰 Aquaboard classes, swim lessons
<b>Emerald Hills Regional Park</b>	Natural soccer/football field, baseball diamond	8:30 a.m. to 6 p.m.	
	Artificial turf*	8:30 a.m. to 4 p.m. *Restrictions apply	
<b>Glen Allan Recreation Complex</b>	Wellness centre	8:30 a.m. to 4 p.m.	💰 Group fitness classes (example yoga, bootcamp, etc)
	Ice surface	8:30 a.m. to 4 p.m.	
	Handball/racquetball, squash and Wallyball courts Note: If courts are not booked by guests at the time of your school booking, additional courts may be available.	9 to 11:30 a.m. and 1:30 to 3 p.m.	💰 CanSkate@School Sherwood Park Figure Skating Club <a href="mailto:spfsclarentoskate@gmail.com">spfsclarentoskate@gmail.com</a>
	Curling (additional fees may apply)	Contact Sherwood Park Curling Club for times. Call 780-467-9412 or email <a href="mailto:manager@sherwoodparkcurling.com">manager@sherwoodparkcurling.com</a>	💰 Learn to curl lessons for Grades 4 to 6 students.



<b>Kinsmen Leisure Centre</b>	25m 6-lane lap pool, deep pool, teach pool, diving boards, waterslide, whirlpool, steamroom	Contact AquaticBookings@strathcona.ca for available times	🏊 Aquatic sports classes, diving, swim lessons
<b>Millennium Place</b>	Indoor fields	8:30 a.m. to 4 p.m. Dry surface: September and April to June Turf: October to March	🏋️ Group fitness classes
	25m 10-lane lap pool	8:30 a.m. to 3 p.m.	
<b>Moyer Recreation Centre</b>	Ice/dry surface	8:30 a.m. to 4 p.m. Ice surface: September to March Dry surface: April to June	🏓 Indoor pickleball
	Banquet hall	8:30 a.m. to 4 p.m.	
<b>Outdoor Skating (seasonal)</b>	<b>With rink shacks:</b> Brentwood School, Kinsmen/Westboro Park, Sherwood Heights School, Strathcona Athletic Park <b>Skate paths:</b> Ardrossan Regional Park, Broadmoor Lake Park, Emerald Hills Regional Park <b>Boarded rinks:</b> Mills Haven School, Ardrossan Regional Park, McGhan Park, Heritage Hills School	8:30 a.m. to 4 p.m. Closed when temperature is warmer than +5°C or below -20°C	
<b>Sherwood Park Arena and Sports Centre</b>	Ice surfaces and program room	8:30 a.m. to 4:30 p.m.	
<b>Strathcona Athletic Park</b>	Soccer/football fields, baseball and softball diamonds, track and field facilities, hard surface courts (ball hockey, lacrosse)	8:30 a.m. to 6 p.m.	
<b>Strathcona Olympiette Centre</b>	Ice/ dry surface	8:30 a.m. to 4 p.m. Ice surface: September to March Dry surface: April to June	🏊 Skating skills and drills
	Program rooms	8:30 a.m. to 4 p.m.	
	Curling	Contact the Strathcona Curling Club at 780-922-7181 for specific joint use times and opportunities.	
<b>Strathcona Wilderness Centre</b>	Lodge kitchen, dining room and lower lounge, day-use campsites, picnic shelter, picnic and fire pit sites (additional fees may apply), walking/snowshoe, multi-purpose trails (non-ski season), ski grid	9 a.m. to 4 p.m.	🏔 Team building, cross-country skiing, snowshoe lessons, other curriculum-based outdoor recreation and environmental programs
<b>Tennis Courts/Pickleball (seasonal)</b>	<b>Outdoor Tennis Courts:</b> Ardrossan Athletic Park (4), Kinsmen/Westboro Park (4), Brentwood School (2), Clover Bar School (2), Jean Vanier School (2), McGhan Park (2), Hastings Lake (1) <b>Outdoor Pickleball Courts:</b> Sherwood Heights (8) M/Tu/F 8:30 a.m. - 3:30 p.m., Village on the Lake (4), Clover Bar School (2), McGhan Park (2), Ardrossan Athletic Park (1) Note: Pickleball courts maybe booked for a maximum time frame of 2 weeks.		Intergenerational leadership and partnership
<b>Wes Hosford Handball Courts</b>	Outdoor handball courts	8:30 a.m. to 3:30 p.m. (except recess times)	

## Did you know?

We can customize joint use opportunities for your class to ensure they are inclusive and supportive of all students needs and abilities.

Do you have ideas that you'd love to do with your class to help them lead an active and healthy lifestyle, but are not sure where it fits within joint use? Or if an opportunity even exists?

Imagine what you'd like to see, contact us and let's make it happen! There might be some costs associated, but the possibilities are endless!

Contact Jennifer Wilson at Jennifer.Wilson@strathcona.ca to discuss opportunities!

# Education and Group Programs

Strathcona County has endless wellness, culture and art programs for schools. Find links to the following guides and more online at [strathcona.ca/ActiveSchools](http://strathcona.ca/ActiveSchools)

## Other activities that your school may be interested in:

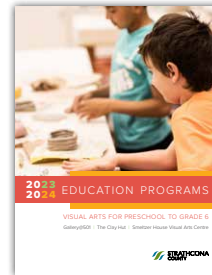
Drop-in swims, scuba/snorkel lessons, deep and shallow aqua-fitness classes aquaboard classes, underwater hockey, group fitness and more! Our specialty programs such as or special needs swim classes. Our team will be happy to create a program that fits the needs of your school.

Questions ? ? ?

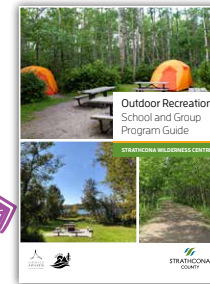
**Jennifer Wilson**  
Jennifer.Wilson@strathcona.ca

## Visual Arts Education Programs

Gallery@501  
780-410-8585  
Smeltzer House  
780-464-2023  
[strathcona.ca/ArtEducation](http://strathcona.ca/ArtEducation)



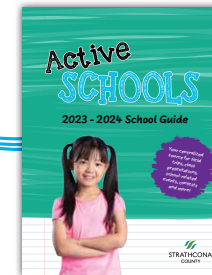
**Swim@School**  
780-464-8236  
[swimming@strathcona.ca](mailto:swimming@strathcona.ca)



**Outdoor Recreation School & Group Program**  
780-922-3939  
[SWCinfo@strathcona.ca](mailto:SWCinfo@strathcona.ca)  
[strathcona.ca/SWC](http://strathcona.ca/SWC)



**Millennium Place Group Visits**  
780-416-7252  
[MPbooking@strathcona.ca](mailto:MPbooking@strathcona.ca)  
[strathcona.ca/MP](http://strathcona.ca/MP)



**Active Schools**  
780-467-2211  
[strathcona.ca/ActiveSchools](http://strathcona.ca/ActiveSchools)

# ACTIVE TRAVEL

Take the active route

How can we include it in our school or work day?

- Meet up with friends and bike to school together
- Gather at a park with family and walk
- Park the car a few blocks away and walk
- It all counts!

Did you know that using active travel for short trips, such as to work or school, can have a long-lasting impact on our physical and mental well-being? It also benefits the environment and the community as a whole!



## Benefits of Active Travel

Physical well-being

Mental well-being

Environmentally friendly

Road safety awareness



Social Connections

Independence

Natural surroundings

Economical

## Inclusive programming

Did you know that Strathcona County programs strive to be inclusive for all abilities? We want all students to be involved and have fun. If you have a student with additional needs or ability considerations please speak to any of our programmers or event organizers with any questions you may have or special considerations that might be needed.



Strathcona County and its programs are always looking to enhance recreational experiences for guests of all abilities. Whatever activity you are planning, if you have any students with additional needs or physical limitations, please speak to any of our programmers or event organizers to see what supports are available while you enjoy our spaces.

There are a number of things within our recreational spaces that support access for every student. Some of these things include:

- Universal changerooms and washrooms
- Barrier-free change room with lift
- Hockey sledges, skate aids and ice grippers
- Lifts for pool entry
- Ramp and elevator access to various locations
- Diverse number of options to support preferences and class needs
- Flexible offerings supported by staff and instructors



Watch  
for it!

## Active Schools Package

Each elementary and junior high school in Strathcona County receives an Active Schools prize package at the beginning of every school year.

The package contains the 2023-2024 Active Schools Guide and Active Schools Joint Use Teachers' Guide for information and ideas on keeping your class active. Each package is also filled with a variety of door prizes such as recreation facility passes, lunch kits, snack containers and swag. These prizes can be used for student incentives, reading programs, silent auctions, school dances or volunteer recognition.

Questions ?  
? ?  
**Jennifer Wilson**  
Jennifer.Wilson@strathcona.ca

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